

Teaching and Learning at Chapel High School

Positive study habits-what can I do to
support my child's home learning?



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High School

Teaching and Learning at Chapel High School

Positive study habits

Why worry about study habits in year 7?

What are positive study habits?

How can I encourage and support them?



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Why do I need to support positive study habits at home?

Times have changed!

25 years ago.....



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NOW

THAT'S WHAT I CALL MUSIC!

1993



POSTERS: EAST

SM



BAYWATCH



roll up, roll up!

madonna

THE GREATEST "SHOW" ON EARTH!

PLUS!
NIRVANA
FRESH PRINCE
CHARLIE SHEEN
ROBERT SEAN
LEONARD PRINCE

SPECIAL SOUVENIR TOUR LIFFOUT!

WIN! Loads of brilliant Madonna goodies!

◆ NEW KIDS TALK *ONLY* TO US INSIDE! ◆

9 512796 000029

43 8 87697 2 9

their Oz tour!

Times have changed!

I'll get away with
some last
minute
revision....

25 years ago.....

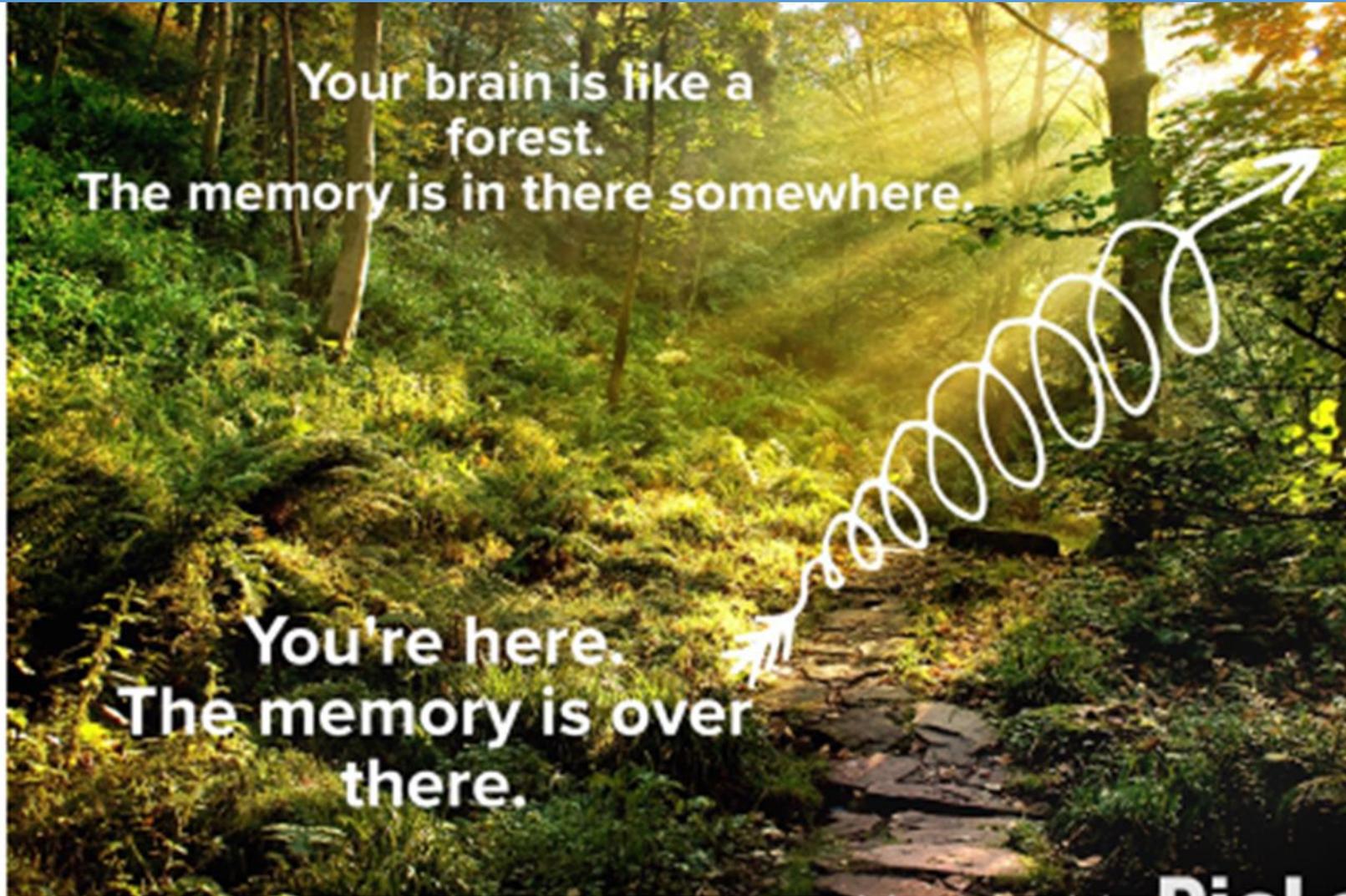


- GCSEs were graded on a letter scale, from **A to G**, with a C being set as roughly equivalent to an O-Level Grade C
- About two-thirds of 16 year olds in the early 1990s were taking GCSE courses that had **no examinations**.
- Many subjects had a **50% or 60% coursework** element
(cramming might have worked!)



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Research evidence suggests:



Your brain is like a
forest.
The memory is in there somewhere.

You're here.
The memory is over
there.



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Home learning plays a vital part in keeping the path 'clear'...

The more times you make a path to that memory, the better the path is.

So the next time you need to find the memory, it's going to be easier to find.



- Reviewing learning
- Repeating-
- Revising regularly



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Why are positive home study habits important?

It's a five year learning journey!

- 'She's got her GCSE exams in May and it's really hard work to get her to see she needs to revise!'
- It's about building on primary school and then establishing POSITIVE STUDY HABITS from year 7
- Fostering independence
- Developing resilience and avoiding anxiety and stress when the going gets tough
- It's just part of the 'normal' routine!



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What are positive home study habits?

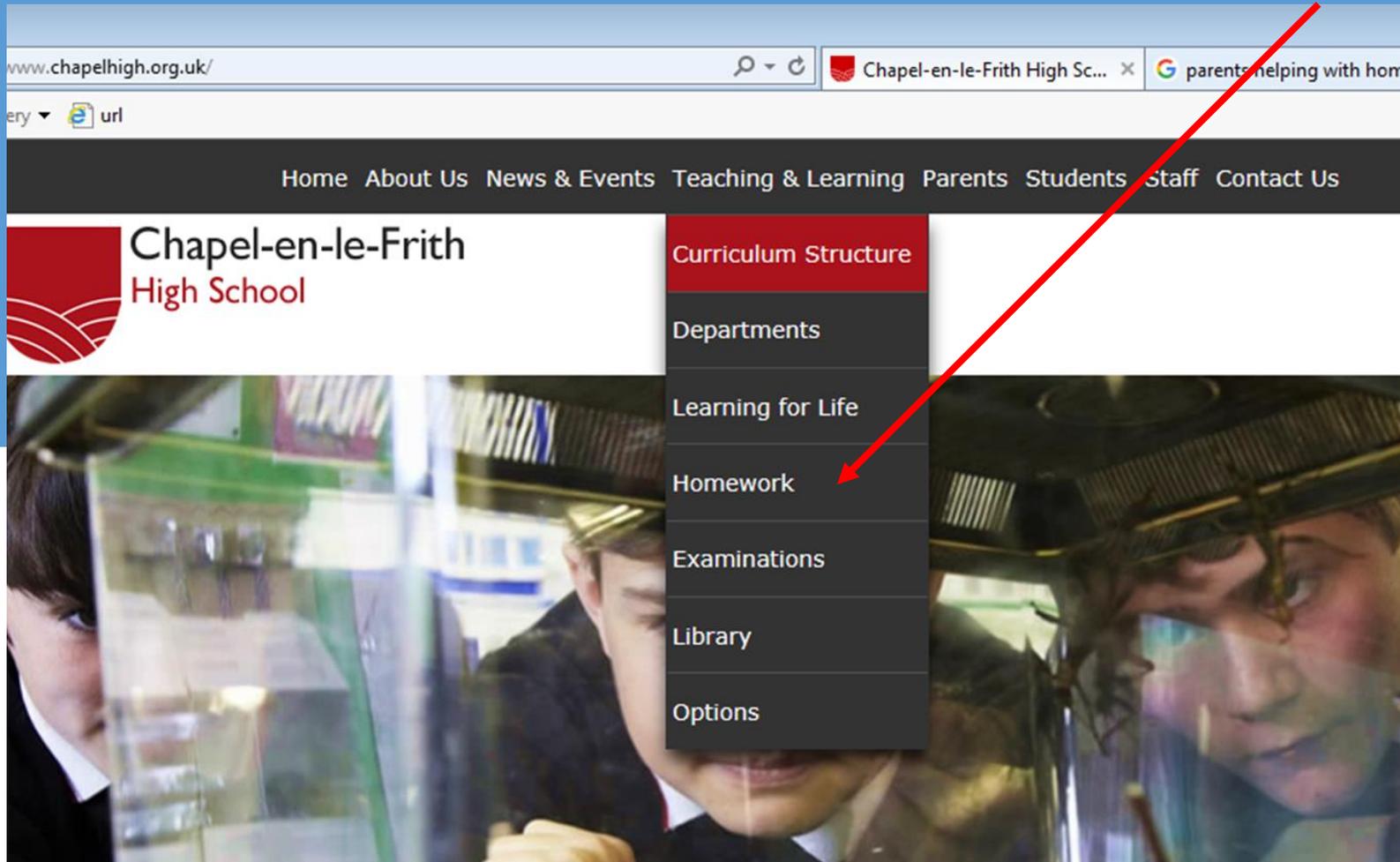
- Organisation and time management
- Understanding expectations
- Reviewing and revisiting learning that has taken place in the school day



How?

Understanding expectations

- Homework statement/ethos and links to website about reviewing learning habits
- Homework rota



The image shows a screenshot of the Chapel-en-le-Frith High School website. The browser address bar displays 'www.chapelhigh.org.uk/'. The navigation menu includes 'Home', 'About Us', 'News & Events', 'Teaching & Learning', 'Parents', 'Students', 'Staff', and 'Contact Us'. The school's logo, 'Chapel-en-le-Frith High School', is visible on the left. A dropdown menu is open, listing 'Curriculum Structure', 'Departments', 'Learning for Life', 'Homework', 'Examinations', 'Library', and 'Options'. A red arrow points to the 'Homework' option. The background of the website features a photograph of students in a laboratory setting.

How?

Understanding expectations

On a practical level: keep up to date!



Welcome

Five years ago we set ourselves a challenge: to match the achievements of the best schools in the country, without losing the friendly, supportive and inclusive ethos that has always made this school so special. That isn't an easy balance to strike, but with student progress now consistently well above national average, with an "outstanding" judgement from Ofsted in March 2016, and with exceptional progression rates to further education and training, we believe that we are giving our students a great foundation for the future.

We are always delighted to welcome visitors, please contact us if you would like to arrange a visit or would like to learn more about our work.

Simon Grieves, Headteacher.

- Prospectus
- Parent Insight
- Email
- Staff SIMS
- Student VLE
- Show My Homework
- Citrix Gateway
- Weather Station



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| Subject | Teacher | TA1 | Aim High Grade | Behaviour in Lessons | Desire to Learn |
|---------|---------------|-----|----------------|----------------------|-----------------|
| English | Mrs S. Wilson | 5 | 7 | | |
| Maths | Mr P. Hall | 7 | 8 | | |

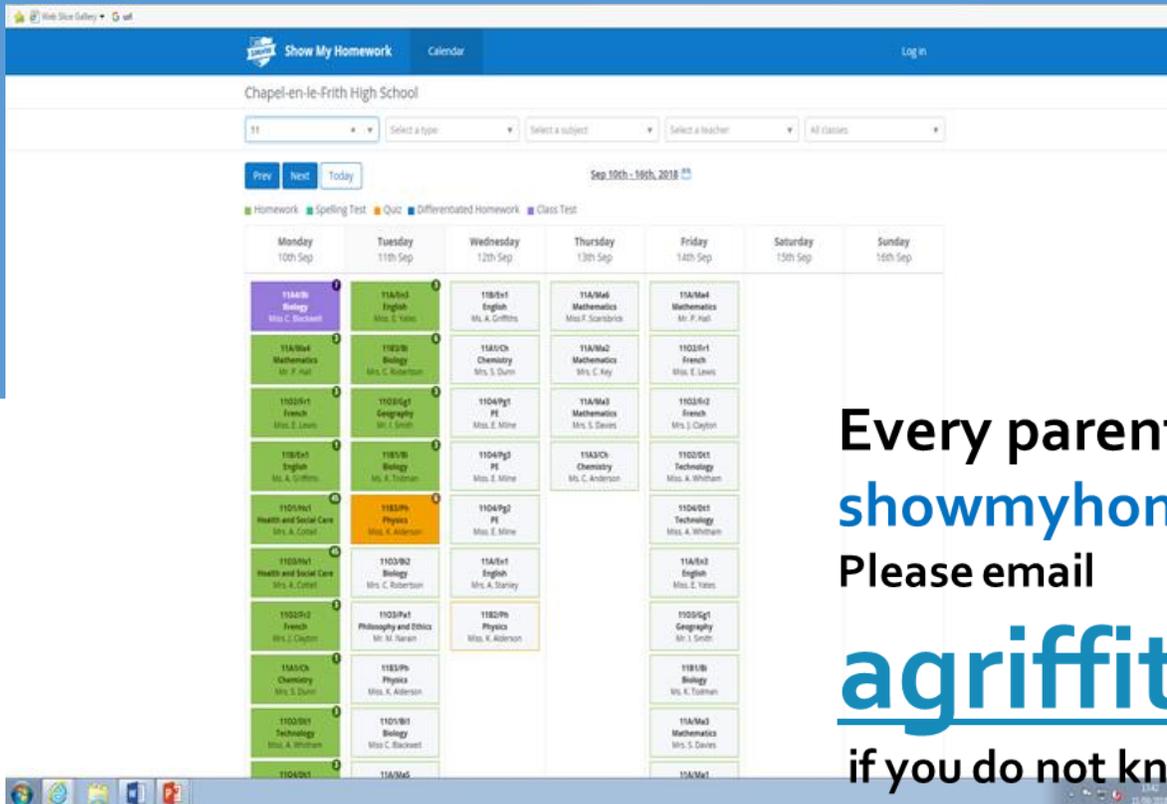


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How?

Understanding expectations

On a practical level: keep up to date with Show my Homework



Every parent has a pin code to log in.

showmyhomework.co.uk/signup

Please email

agriffiths@chapelhigh.org.uk

if you do not know your code.



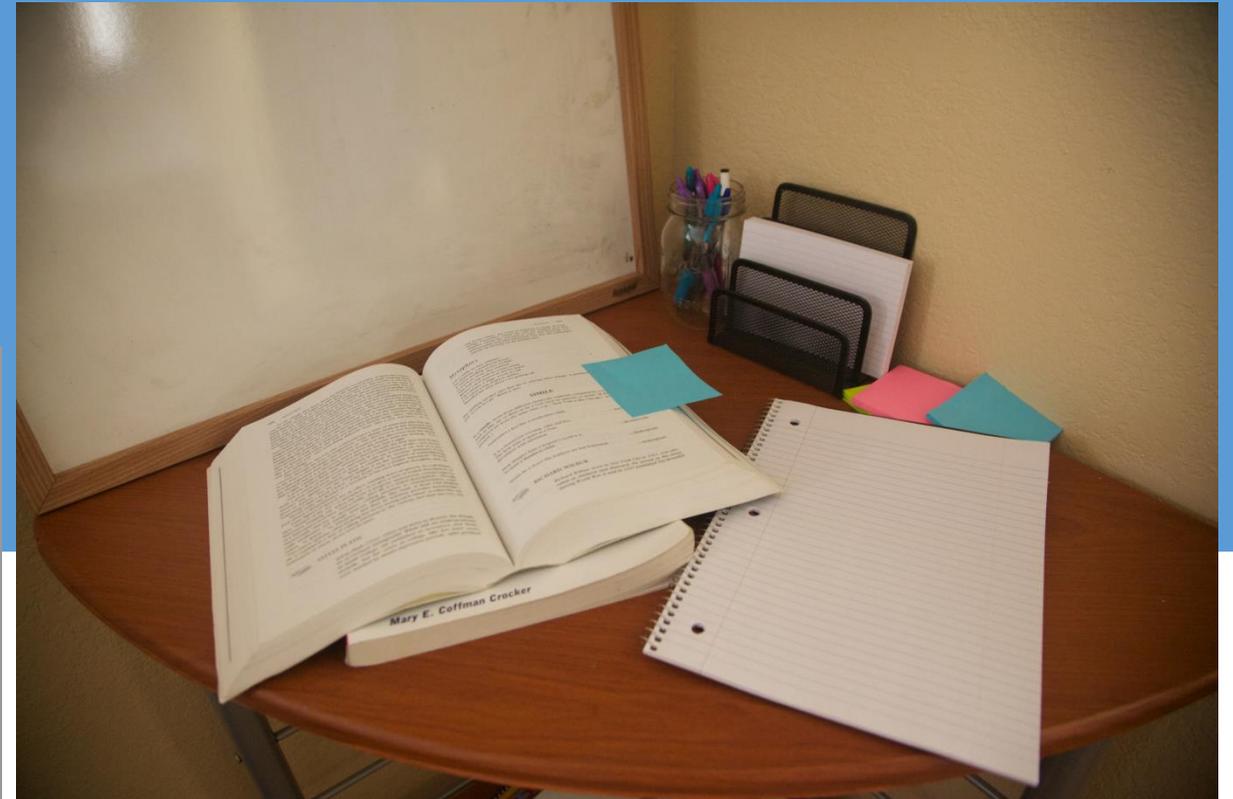
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How?

Organisation and time management

 **Revision Planner** 

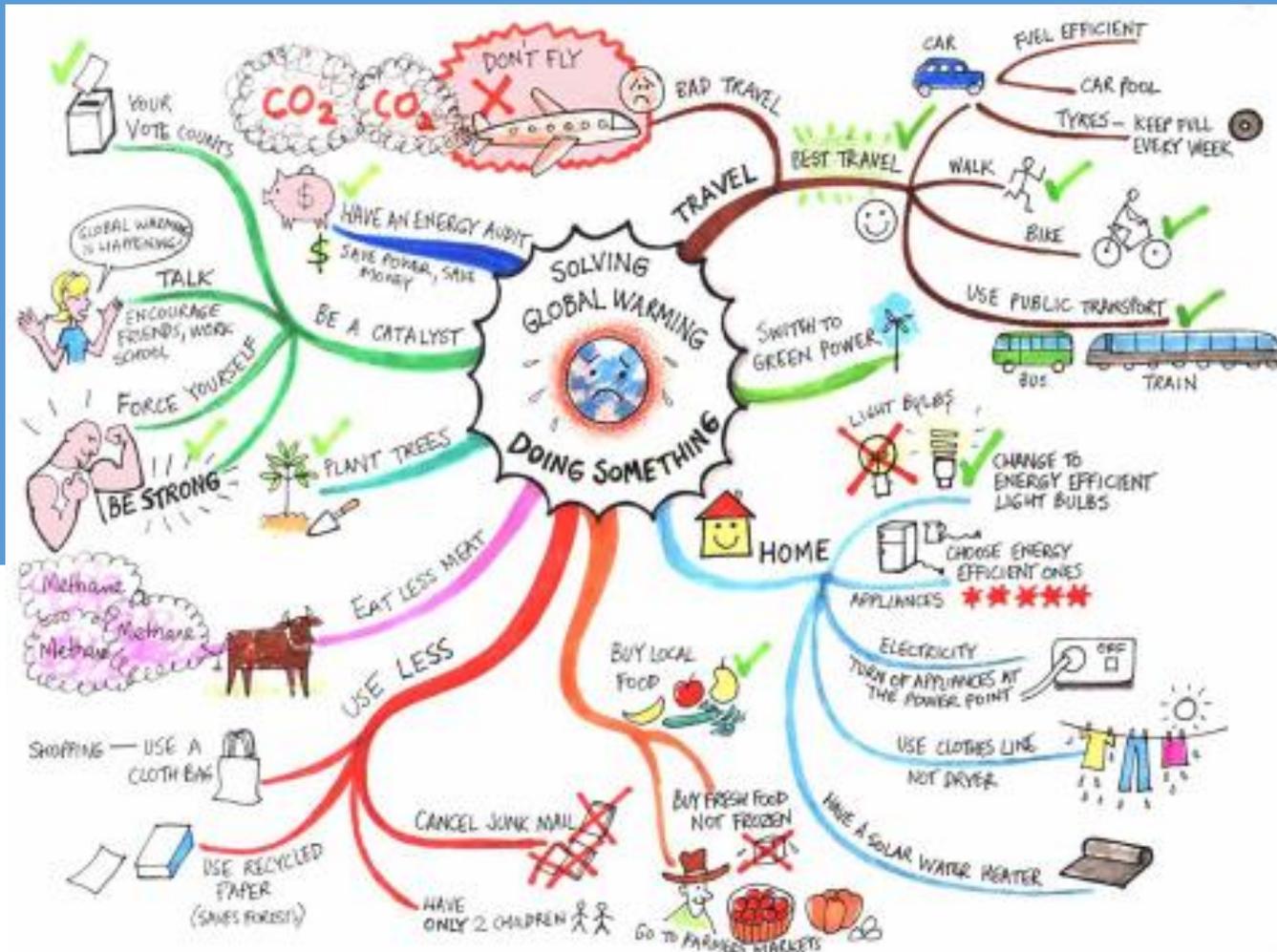
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----------|--------|---------|-----------|----------|--------|----------|--------|
| Morning | | | | | | | |
| Afternoon | | | | | | | |
| Evening | | | | | | | |



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How?

Reviewing learning-some techniques to use with your child.



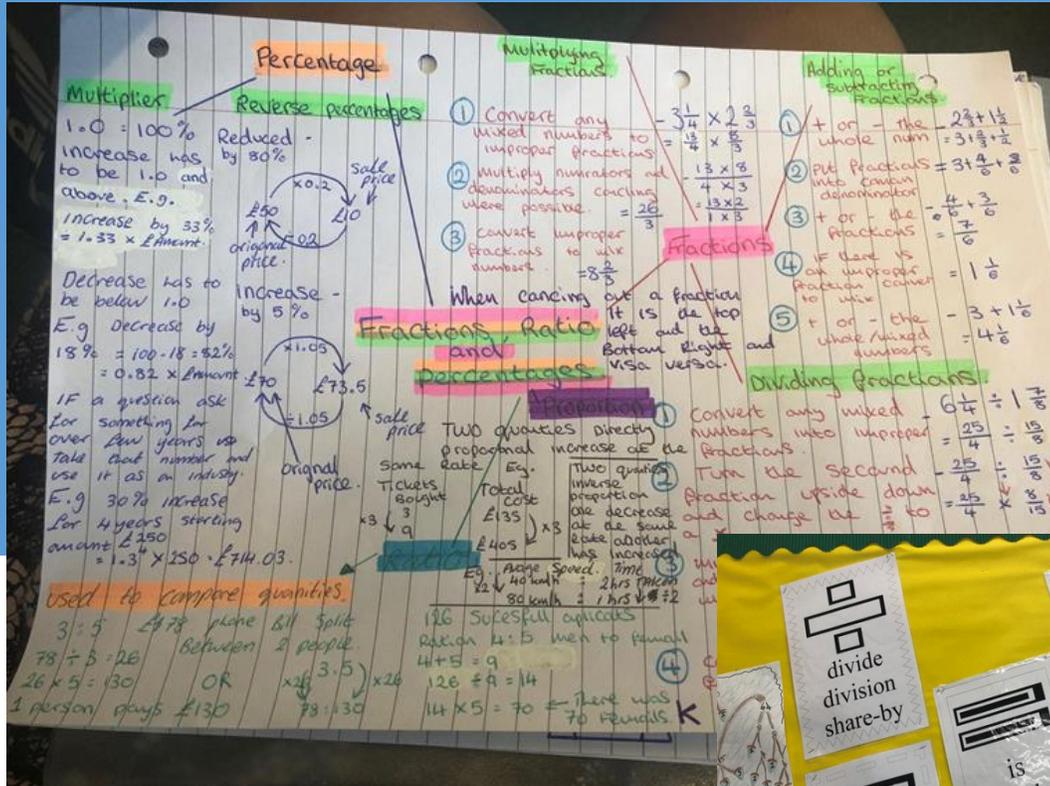
Mind mapping



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How?

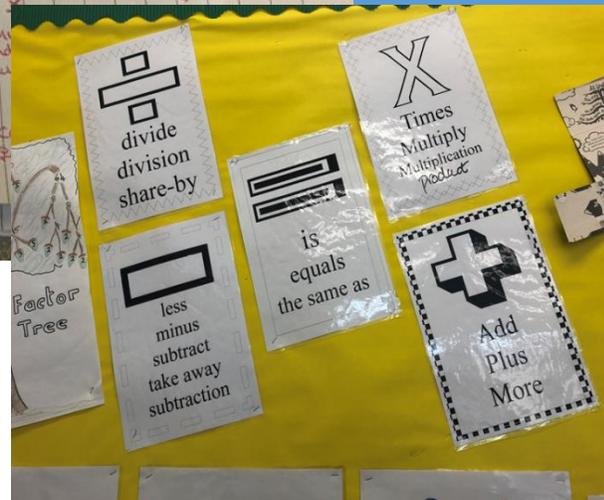
Reviewing learning-some techniques to use with your child



Highlighting key words

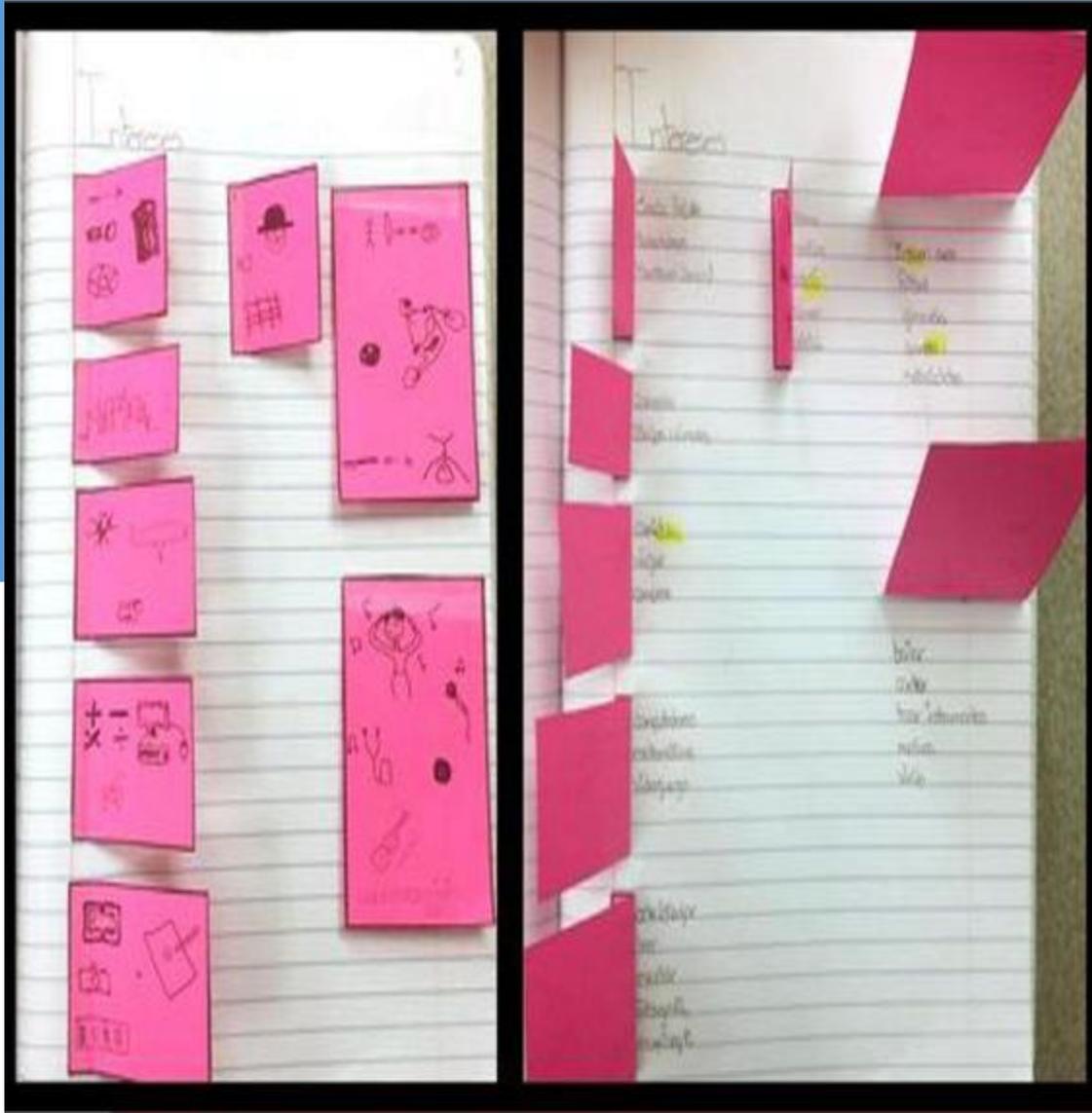
Practising spelling

Using in context



How?

Reviewing learning-some techniques to use with your child



Self quizzing-reviewing the learning

- Read through exercise books
- Set ten questions –on cards/post it notes or in a ‘self quizzing’ notebook
- Try to answer the questions the next day/next week
- Get parents to ask the questions- prize for correct answers?
- Get involved-can you answer them??!



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- Establish positive study and revision habits
- Promotes independence-it's their homework (not yours!)
- Reduces the homework 'battle'
- Becomes part of the normal routine
- Helps to keep the 'knowledge path' clear
- Supports good mental health-promotes consistency and reduces anxiety and stress



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